

KATHI CASEY AND DIANNA MULLANE

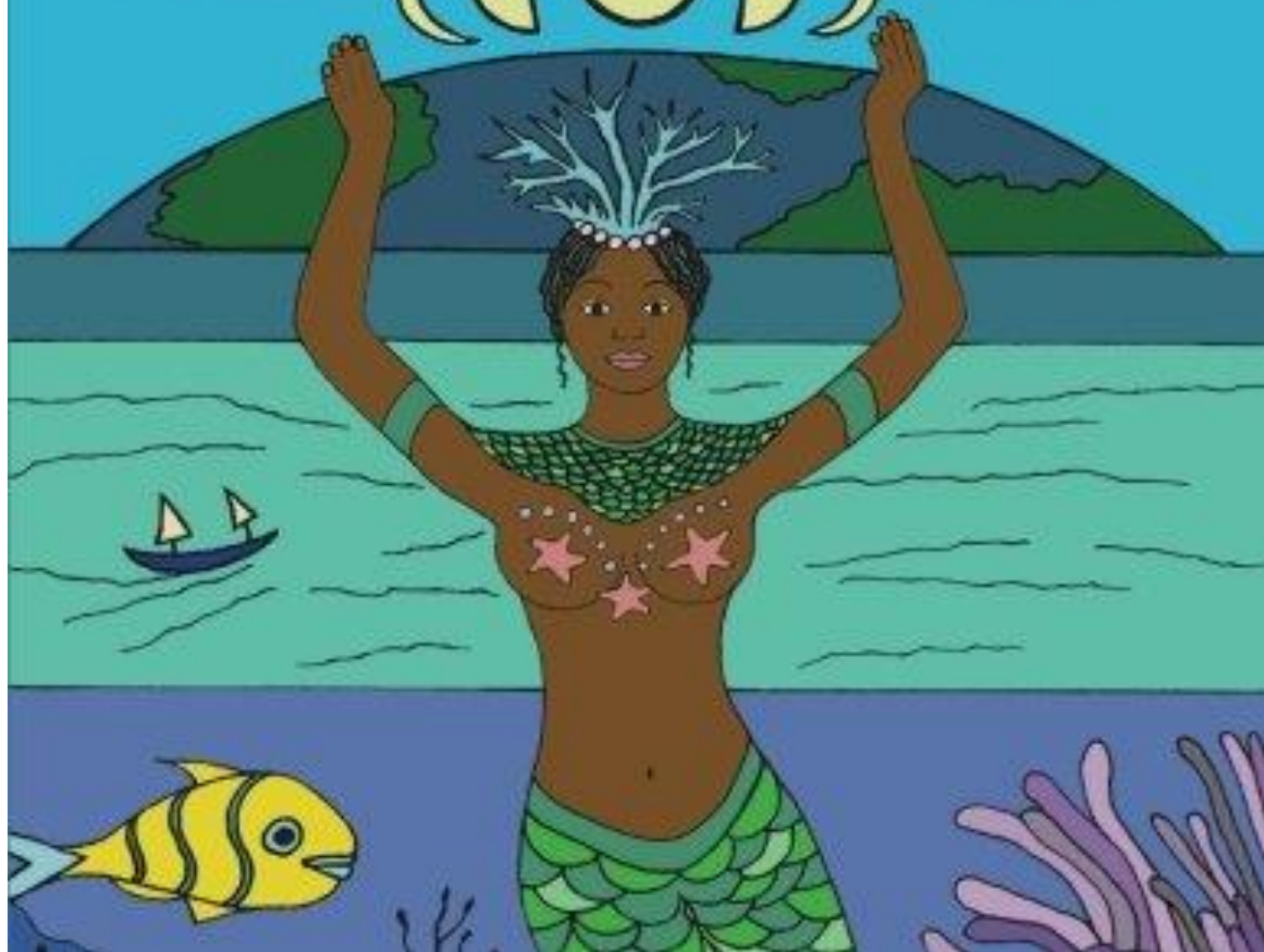
A Coloring Book for WOMEN

30 DIVINE DESIGNS

ILLUSTRATED BY



DIANNA MULLANE





Hummingbird

Hummingbirds symbolize enjoyment of life and lightness of being. These tiny birds are teachers of joy, perseverance, and ingenuity.

They migrate thousands of miles, sometimes hitching a ride on the wings of a larger bird!

The wings of hummingbirds move in the pattern of the infinity symbol.



Mazu

Mazu is the Chinese patron goddess who protects seafarers.

As a young girl, she is said to have tamed ocean storms,
rescued sailors, and healed the sick.

During the Song dynasty, Mazu became a powerful sea
deity who protects all who journey the who journey the world's
oceans.



Maiden, Mother, and Crone

The sacred feminine cycles through these three stages of womanhood.

Women's cycles have been related to moon cycles since the beginning of time.^{2,3}

The phases of the moon denote feminine mystery, drawing awareness to our innate psychic abilities.



Dianna Mullane and Kathi Casey are friends and neighbors living in the beautiful Berkshire foothills of western Massachusetts. They enjoy life on Otis Reservoir, where gorgeous sunsets, fall foliage, swimming, and walking on water (after it has iced over) inspire them daily.

You might find Kathi doing Yoga on the beach, hiking in the state forest with her black lab, Jade, or simply hugging her favorite birch tree. Dianna can usually be found around the lake, swimming, kayaking, hiking, snowshoeing, or doing a crafty project.

Dianna is a retired school teacher, freelance illustrator, graphic designer, and avid gardener. Kathi is a health coach, three time Amazon international bestselling author and also an avid gardener. Their shared love of gardening, kayaking, and simply being in nature, has brought them together on many projects over the past few years, including this coloring book.

The designs these two friends have chosen are meant to empower, inspire, and bring a smile to the faces of women everywhere. They have included drawings of deities, and symbols from all over the world, and of many different cultures. You will find the Eye of Horus, Brigid of the Celts, Yemaya the African water goddess, Pele the fire goddess, a mysterious, wise barn owl, and many many more!

Their sincere wish is for all who color the 30 divine designs within these pages, to find inspiration, comfort, and clarity, while basking in the creative power within the symbols and the joy of their own creativity.